

November, 2015

PRINCIPAL'S NEWSLETTER

Sam Barlow High School

Bruce C. Schmidt Jr., Principal

sbhs.gresham.k12.or.us 503-258-4850



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and more!

From the Principal

The Measures of School Success

There has been quite a bit of information flowing in the local media about school performance in relation to the new Smarter Balanced Assessment (SBA) that was administered for the first time last year and the State Report Card. If you have a current freshman or senior you received an Individual Score Report outlining your student's performance on this exam. In my opinion, a school and a school system is more than a test, report card, or single measure in time. While I consistently review the data from these assessments and find ways to improve student performance through changes in the way we work with kids, there are many other measures that I feel we need to evaluate. We know we need to improve on our SBA performance, as our results should match the caliber of student and staff that we have at Barlow. I know we will post higher numbers next year in this measure, because we are shifting our focus to what is most important, high quality instruction that engages students. In pursuing this goal, results will follow.

As I review some key successes over the 2014-2015 school year, I feel it is worthwhile to share some of those with you:

- 74% of our seniors enroll in some form of higher education within 16 months of graduation. That is 14% higher than the state average.
- Last year, our students earned over 3,000 college credits through coursework completed at Barlow. That is more than double from previous years.
- There were 2,200 students engaged in positive school sponsored Athletic and Activities programs during the 2014-15 school year.
- We expanded our enrollment in Honors, Advanced Placement, and College Credit bearing courses to include 45% of our student body.
- We added student recognitions to include a Student of the Month and Perfect Attendance awards.

While our main purpose is to educate students from an academic perspective, there are areas of success that go beyond state test performance. We aim to produce well-rounded students who see and experience all aspects of school life.

Progress Reports

I am sure you have all received your student's six-week progress report in the mail. Whether this is a time for celebration or concern, please let your student know that you have seen their grades. This is a great time to have a conversation about what has worked well, as well as what may need to be improved. No matter how a student has performed at this point, things can change, for the better or for the worse. I have often seen students who have done very well the first six-weeks "take a break" only to find that at 12-weeks, their grades have slipped. I have also seen students who have had poor grades turn on the juice and catch up. The key is talking to your student and engaging with them about their overall performance in school. If you need help having these conversations, please do not hesitate in contacting your student's counselor. They are there to provide that assistance.



Bits and Pieces

SAT TEST DATES

Dec 5, Jan 23, Mar 5, May 7, June 4

ACT TEST DATES

Dec 12, Feb 6, Apr 9, June 11

Remember -these are TEST DATES.

You need to register 3 to 4 weeks

before the actual test. SAT registration

is available in the College and Career

Center or online at:

www.sat.org/register-- cost \$52.00

ACT registration online at:

www.actstudent.org/start -- cost \$54.50

Can't Attend Board Meetings?

You can watch regular school board

meetings LIVE on cable channel 27

and Frontier cable channel 35.

MetroEast Community Media replays

the board meeting at the following times:

Second Showing-Monday at 7 pm

Third Showing-the following Thursday

at 4 pm

If you live in Damascus-

Board meetings are now being shown on

Willamette Falls TV for patrons in the

Damascus area! They are scheduled for

cablecast on channel 23 every Saturday

at 1 pm. The next meeting is Nov. 5.

Scrip is the way to go!!

Make your \$\$\$ go further. Use Scrip

cards. Scrip cards are simply gift cards

in which the corporation donates funds

back to you. Buy a \$100 Starbucks gift

card. Enjoy \$100 of coffee. Starbucks

gives \$2.80 back to you to be used

at Barlow and \$4.20 to the Gresham

Barlow Education Foundation. WIN,

WIN, WIN. Great for fundraisers too!

Andrea Umenhofer, 503-784-3255

bhscrip@comcast.net.

Thank you for supporting Sam Barlow

High!

Remember: Friends don't let Friends

pay more than they need to for school

fees. Help spread the word. Purchases

of Gift Cards through the Scrip

program benefit the Gresham Barlow

Education Foundation and your student.

Fraternal Order of Eagles Scholarship

The Fraternal Order of Eagles is doing a Talent Show/Scholarship. **The deadline is**

Nov. 1 for the application. Scholarships are worth \$1000, \$750, \$500 and includes a

free weekend at a hotel in Albany, the host city. Students must do a 4 minute "talent"

which can be defined as almost anything. In Oregon, three liberal arts scholarships are

offered. The scholarships are given to three contestants every year. We are looking for

youths between the ages of 16 and 22 with performance arts talent. In the past, we have

had singers, dancers, musicians, belly dancer, even a slack-rope walker, compete for these

scholarships. The State competition will be held on November 13-15. The lodging and

meals are provided for all three days. If you have any questions please feel free to call

Crystal Urban Fraternal Order of Eagles Representative at 503-910-7953 or email or.eagle.youth.scholarship@gmail.com

or by fax 503-362-4218

Application Assistance Workshop@ MHCC

If you've ever worked with a student interested in one of our limited- or restricted-entry

programs at MHCC, you'll know that the admissions process is more involved than

simply filling out our general application. Each limited- and restricted-entry program

requires additional steps to be considered for admission. To ease the process, MHCC is

holding Application Assistance Workshops throughout the school year specifically for

students pursuing a limited- or restricted-entry program!

What are our limited- or restricted-entry programs?

Automotive Technology, Cosmetology, Health Professions, Integrated Metals, Fisheries

Technology, Natural Resources Technology, Wilderness Leadership and Experiential

Education

To learn more about our limited- or restricted-entry programs, visit

<http://www.mhcc.edu/LRAdmissions/>. For a list of dates/times for Application Assistance

Workshops, check out <http://www.mhcc.edu/ApplicationAssistanceWorkshop/>. Please

note that these workshops are not intended to be used for filling out the application but

to act as a resource for specific questions regarding the limited- and restricted-entry

admissions process. Any questions, contact Sydney Frost, MHCC, 503-491-7319

Students of the Month

Sam Barlow is now recognizing students who have shown their Bruin PRIDE by

awarding a Student of the Month for each grade level. Students can be nominated for

Student of the Month by receiving a PRIDE Note from a staff member throughout the

month. The staff then votes for one male and one female student from each grade to

receive this recognition. Our outstanding Students of the Month for September are:

FRESHMEN

Kazmira McNeal- Kazmira has shown integrity through her work in class.

Aaron Xiong-Aaron demonstrates purpose by working hard in Algebra 1.

SOPHOMORES

Kaytlyn Meyer- Kaytlyn consistently shows excellence in her classes.

Brody Carlson- Brody displays excellence in his classes.

JUNIORS

Riley Fay- Riley shows excellence for her work with ASB Leadership.

Julian Gaxiola- Julian shows integrity through his caring and compassion for others.

SENIORS

Reevkah Christenson- Reevkah shows purpose through her work on the Senior Class

Facebook page.

Jose Maldonado- Jose comes to class with purpose by staying on task and being

productive.

Boys Basketball Tryouts

If you are a parent of a young man who wants to try out for basketball, plan on attending a meeting, Wednesday, Nov. 9, Room 509, at 6:30pm. We hope to see you there! GO BRUINS!

Basketball Veterans Day Clinic

The Barlow Bruin Boys Basketball team will be hosting the annual Veterans Day Clinic - Cost: \$10.00
When: November 11 Time: 9-11am Grades: 3 through 8

The emphasis of this camp is on basketball fundamentals and drills. We believe these fundamentals are vital to the development of a young player. Games and competition will also be included. We will also spend about 15 minutes discussing the importance of Veterans Day in our country and some of the meaning of this day. The camp will be directed by Head Coach, Tom Johnson, with help from some of his varsity players. For answers to any questions please call 503-258-4895



Video Kudos

Our own **Michelle Garcia** has made a video to enter the Khan Academy video contest! She did this all on her own and it's pretty awesome! Please check it out at this website:
<http://www.youtube.com/watch?v=qnGBHAXWQZg&sns=em>

A \$250,000 post-secondary scholarship will be awarded and a trip for a student and their parent to attend the live televised Awards Ceremony show which will be on National Geographic Channel at 7pm, Sunday, November 8, 2015, followed by a worldwide broadcast on Fox Network and National Geographic Channels. Additionally, our teacher could win a \$50,000 education grant, and your school could win a cutting-edge \$100,000 Breakthrough science lab designed in partnership with Cold Spring Harbor Laboratory. If there comes a time when a vote comes into play, we will all want get behind Michelle and show our support. It is a really cool video and was completely student created. She is a rock star for sure. Give the kid a high five when you see her!

*****Snowball****December 5th*****

Sam Barlow's winter semi-formal dance is scheduled for Saturday, December 5th from 8-11 pm in the cafeteria. Dress for the dance is semi-formal, and a tuxedo is NOT required.

Parents, please remember that our young women need to wear dresses that are suitable for a school dance. It is awkward for our staff, and embarrassing to students, to have to approach a young woman wearing a dress that is too revealing the night of the dance. Sending a student home ruins everyone's night! Please help us ensure a pleasant evening for everyone by selecting appropriate attire.

Procedures for Guest Passes

In order for a Sam Barlow student to bring a non-Barlow date to Snowball or Prom, a guest pass form must be completed and **turned in to an assistant principal for approval by 3:30 pm the Tuesday before the dance**. For this year's Snowball, that **deadline will be Tuesday, December 1st**. Assistant principals need at least 24 hours to process the guest pass once it is submitted. It is then the student's job to return and pick it up. The **completed** guest pass must be presented at the time the ticket is purchased during lunches the week of the dance. **Assistant principals will not process guest passes after the Tuesday, December 1, deadline**.

Guest pass forms are available in the main office starting Monday, November 16. By planning ahead, students wishing to bring a guest to Snowball have ample time to collect the necessary signatures. No guests younger than 9th grade or 21 and older are permitted at Barlow dances. In addition, **faxing** the form to or from our school office **is not allowed**. It is the student's responsibility to obtain the required signatures.

Reminder: No Tolerance Policy For Inappropriate Dancing

Students and parents are reminded that Freaking, Grinding, or other dancing of a sexual nature is not appropriate for dances at SBHS. There will be no warnings. Students who choose to dance in this manner **will be removed from the dance and sent home**. Repeated violations will result in loss of dance privileges.

KUDOS- SAT Scores

At a recent counselor's meeting organized by the Princeton Review, Barlow's counselor, Paul Quirke, was awarded a free \$700 SAT prep course to be given to a student who shows initiative and promise. The counseling staff has chosen **Julian Gaxiola** as a Bruin who works diligently and who deserves the opportunity to work to raise his SAT scores and to reach for a very bright future. Congratulations, Julian, and good luck!

Career Days

If you have a student that is interested in considering experiencing **Mercy Corps**, now is the chance to learn more about this global aid agency assisting people who have experienced some kind of disaster. If philanthropy and helping others is for your student, plan to attend this Career Day on Wednesday, Nov. 18. Students need to stop by the College and Career Center to get their application.

Students interested in learning more about graphic design and printing careers, plan on attending a **Career Day at Premier Press** where Nike ads are produced. This event is Tuesday, Dec. 1 and registration is open now. Spots will fill quickly. Stop by the College and Career Center to get the registration information.

If you have a student that would like to attend a **Health Care** Career Day on Thursday, Nov. 5, they need to come to the College and Career Center for more information and look at the bulletin board just outside the CCC.

Parent Conferences 2015

Tuesday, November 24, 2015
4:30 – 6:00pm, 6:30-8:30pm

Wednesday, November 25, 2015
7:30-9:00am, 9:30-11:30am

Please plan on attending one of these times so you can learn about attendance, assignments, test taking, behavior and more. Upon your arrival, proceed to the Cafeteria to pick up your student's 12-week grades. Teachers will be in alphabetical order in the gym. Not all teachers will be available each day due to part time schedules.

Note: Teachers will be taking a 30 minute break on Tuesday from 6-6:30pm and Wednesday from 9-9:30am.

Continuous Improvement through Accreditation!

This year is an important year for SBHS as we are under review for accreditation by AdvanceED. As part of our review, we will be asking parents, students and staff members for feedback through surveys. We will be opening the window for the parent version of the survey from November 24th through December 18th. If you plan to attend Parent Conferences on November 24th or 25th, please take the opportunity to give us your feedback while you are visiting your student's teachers. Those who complete the survey during conferences may win a prize. If you are not planning on attending conferences, you will have the opportunity to give us your feedback by taking the survey on-line at home. We look forward to hearing from you.

College Night in Oregon

Wed., Nov. 4th 5:30-7:30pm at MHCC. Enjoy free pizza and soda, learn about planning and paying for college, and enter to win a \$500 scholarship to MHCC! Visit www.collegnights.org for more information! All ages are welcome.

This is a free information night, designed for students and families, which provide information and insights regarding college choice, scholarships, financial aide, and the benefits of a post-secondary education. Pizza and soda are provided, and a scholarship drawing will take place. Barlow students have won quite a few of these \$500 scholarships in the past! Check out the info at the College and Career Center.

Paying for College

How Are You Paying for College?

ASPIRE Helps all Barlow Students Learn how to Pay for College

Thinking about how you are going to pay for college? ASPIRE is a FREE one-on-one mentoring program at Barlow that helps all students plan for life after high school, including paying for and applying to college.

While the idea of independence is exciting, the thought of figuring out how to pay for your own place and school can seem frightening. Thankfully, there are options, and we can help you find them. Joining ASPIRE is easy, just contact your College & Career Center and have your parent or guardian sign the permission form and turn it in!

ASPIRE students work with a mentor to learn about grants, scholarships, loans, need-based and merit-based options for paying for college, and help determine their best options. ASPIRE mentors will help students anticipate all the costs associated with attending a college or university, including the cost of living, books and tuition.

Learn more at: www.OregonStudentAid.gov/ASPIRE.

Kudos-Film Star

The Northwest Film Center's annual Fresh Film NW celebrates the next generation of regional filmmakers by showcasing their work and circulating it around the region and beyond. It is one of the oldest and largest youth film festivals in the nation. We are proud that a Bruin, Jillyan Bingham, has been awarded an honorable mention for her animated short, and it will be screened at Whitsell Auditorium at the Portland Art Museum in November. Congratulations Jillyan!

College and Career Center

Mark your Calendar with these Important Dates:

Willamette University	Tues. Nov. 3	11:15
Gonzaga	Thurs. Nov. 5	10:30
Evergreen State College	Fri., Nov. 6	12:45
Concordia	Tues., Nov. 10	11:15

COLLEGE & CAREER CTR. WEBPAGE: . A lot of information, including Scholarships, upcoming activities and college visit calendar, can be found at: sbhs.gresham.k12.or.us Go to the Student Resources link and then to Career Center.

CSS PROFILE: Families applying to more than one private college or university may be requested to furnish a copy of the CSS profile, which charges registration and processing fees. The application is available online at www.collegeboard.com

The Oregon Promise: Go to college for free! Nov. 1 the Oregon Promise opens online! This is a funding bill available to Oregon students planning to attend a community college starting in the Fall of 2016. Funds will be available to students with a 2.5GPA or above, who have completed 12th grade in Oregon, have done their FAFSA and who apply before March 1. Funds will be a minimum of \$1000 per student. To learn more about the Oregon Promise, go to: www.oregonpromise.org

What is the FAFSA? (And who needs to fill it out?)

The FAFSA (Free Application for Federal Student Aid) form determines the amount of “free funds” for which students may be eligible. Every senior considering higher education (2 and 4 year colleges/universities) or training (tech, art, beauty schools or apprenticeships) should file the FAFSA. This information from the FAFSA is required for schools to offer any kind of award/aid package – and many scholarships require filing of a FAFSA.

ASPIRE Financial Aid Night Tues., Dec. 8th at 6:30pm in the SBHS Auditorium (English version) and in the Little Theater (Spanish version.) This meeting is a great way to learn more about the FAFSA process and get many of your questions answered before you start the actual filing process on January 1, 2016. Seniors, Juniors and parents should attend to get a feel for what to expect for senior year!

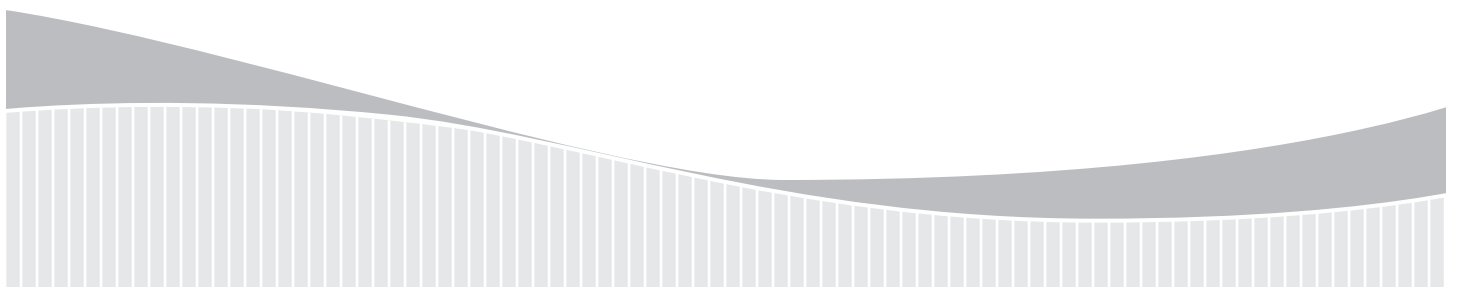
FSA ID-Seniors, have you applied for your FAFSA FSA ID number? You must have one before you can submit your FAFSA. Go to <https://fsaid.ed.gov/npas/index.htm> to apply. (Students and parents both need a number.) Be very careful with your number. Keep it in a safe place and do not share it with anyone! You will need to file a FAFSA each year you attend college. Go to fafsa.gov to learn more about filing your FAFSA.

REMEMBER: Seniors, you will want to complete your FAFSA on, or as close to, Jan. 1, 2016 as possible. The government’s financial aid packages are distributed on a first come, first served basis. Do not delay. Also, individual schools begin their distribution around Feb. 1. The longer you wait to complete the FAFSA, the less advantageous it will be for you. Do not wait to file your FAFSA until your 2015 taxes are complete. You can estimate your family income and amend that information when you complete your taxes. Start preparing now to complete the forms.

Financing Education Night at Barlow

Thurs., Nov. 5th 6:30pm, Media Center

An Ameriprise financial planner will be showing us the art and science of education planning! Hear about things to consider when looking for financial aid, how to get the most out of the FAFSA, and many other strategies. This is a must for everyone! It’s never too early or too late to consider how to financially prepare for the future in order to fund that education!





The yearbook staff of Sam Barlow High School is now accepting orders for Senior **Baby Ads** for placement in the 2015-16 Yearbook. Due before January 30, 2016

<http://barlow.gresham.k12.or.us/~holzbach/Documents/SeniorBabyAd.pdf>

Senior Photos

The 2015-16 Yearbook Staff invites seniors to replace their student identification photo with a more professional choice for their yearbook photo. Senior portraits are due on or before December 11, 2015. Submit photos 3 ways: Bring CD/DVDs or thumb drives to Chris Holzbach in Room S3, mail them to SBHS, 5105 SE 302nd Gresham, 97080 or email the photo to holzbach@gresham.12.or.us.

SAM BARLOW HIGH SCHOOL PERFORMING ARTS

NOVEMBER 13, 14, 19, 20, 21 7:30 P.M. & 14 2 P.M.

JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT

LYRICS BY **TIM RICE** MUSIC BY **ANDREW LLOYD WEBBER**

Tickets: \$12 adult, \$10 student/senior
Ticket sales online at sbhs.seatyourself.biz or at the door
Barlow Auditorium - 5105 NE 302nd Avenue - Gresham

Dance Team NEWS

The Sam Barlow Bruinettes Dance Team will soon be competing in their first competition of the fall season. The Bruinettes will be dancing Saturday, November 7, at David Douglas High School and Saturday, November 21, at Reynolds High School. The team will be participating in the Jazz and Contemporary categories during the fall season.

Coach of the Year

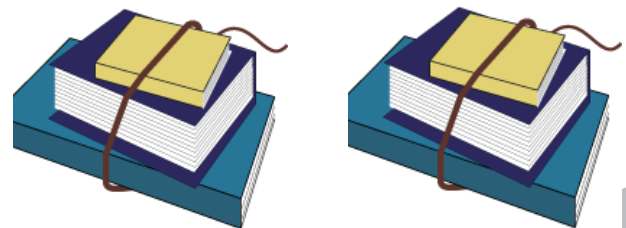
On behalf of the Oregon Athletic Coaches Association (OACA) we would like to congratulate **Jim Babson** on being selected the Oregon nominee for the National Federation of High Schools (NFHA) 2015 "Coach of the Year" awards for Boys Cross Country.

Barlow Veterans' Display in the Library - November 2015

Barlow Veterans' Display in the Library - November 2015
Every November, the Library Staff at Barlow assembles a Veterans' Day Display that showcases the contributions of the Barlow Staff and their families to the defense of our nation. We have been doing this particular activity for well over a decade and it has always been well received by students, staff and community members. It's a great way to honor our local heroes and shows a different side of our staff that students don't often get to see. If you happen to be in the building during the month of November, please take a few minutes and come to the Library to have a look. The Library will be open during the morning of Parent Conferences on November 25th, so please check us out! Pictures of this month-long display will also be online on the Library Events web page found on our Library/Media Center website. Just go to our school's homepage to find the link.

eBooks arrive in the SBHS Library

Through a grant from the Gresham Barlow Education Foundation, our SBHS Library now has over 200 eBook titles available for student use with more on the way! Most are high interest fiction titles like The Maze Runner, Stephen King novels, but there are also many nonfiction titles as well. If you wish to learn more about our eBooks go to the SBHS Library website and click on the Library eBooks link. This link will take you to a webpage that explains how to access our eBooks, download mobile eReader apps, etc... To access our eBooks, just use your school Google login and passwords. Give them a whirl!



Health News from our Nurse

It's almost that time of year folks, fevers, coughing, and those terrible body aches; I am of course talking about the perennial favorite, the flu. But worry not, dear reader, because you can get immunized against the flu! Don't like shots? Well you can try the new flu mist, no worse than a nasal spray and may save your life (and certainly your weekend).

Now I know what you are thinking, "Mike", you say, "I get the flu shot every year and I get sick anyway!" – While getting the shot does not eliminate the chance of getting the flu completely, most likely what you had was a cold; what's the difference? Let me have the Centers for Disease Control explain it:

"The flu and the common cold are both respiratory illnesses but they are caused by different viruses. Because these two types of illnesses have similar flu-like symptoms, it can be difficult to tell the difference between them based on symptoms alone. In general, the flu is worse than the common cold, and symptoms such as fever, body aches, extreme tiredness, and dry cough are more common and intense. Colds are usually milder than the flu. People with colds are more likely to have a runny or stuffy nose. Colds generally do not result in serious health problems, such as pneumonia, bacterial infections, or hospitalizations."-CDC

Ah, but some of you are saying, "I don't get sick usually, and I'll take my chances with the flu, I could use the time off anyway!" Well, to that I do have one last thing for you to consider; there are people out there who are unable to get the flu shot due to problems with their immune system. If you get the flu shot you can help reduce the chance that they will catch it (from you in this case) which may well save their life and certainly will make their already difficult life easier. Consider it a good deed, doing your part to make somebody's life that much better.

If you have any other questions, look at the Oregon Department of Public Health or CDC websites, or simply talk to your doctor or school nurse.

Health insurance

There are many kids who don't have insurance, some possibly here at Barlow. This is something that does not need to be the case. To qualify, a child must be under the age of 19, live in Oregon and be a legal resident. Family income will determine whether the child qualifies. Families who earn up to 300 percent of the Federal Poverty Level can qualify for no-cost health coverage for their kids. For example, a family of four who earns up to about \$70,896 a year (about \$5,908 a month) may qualify for no-cost coverage. This is a great option for kids without insurance, and the program can also provide assistance for their families as well to obtain coverage either through the insurance marketplace (created with the Affordable Care Act «Obama Care») or through traditional OHP/Medicaid. Check out their website: www.OregonHealthyKids.gov or 1-877-314-5678.

Again, there is no reason for any child not to have health coverage. Good healthcare is one of the most important things (right up there with quality education) children need to be successful in life.

If you have any questions please contact our nurse, Mike Coriasco, RN. 503-258-4866

Winter Sports Information

Tryouts/Practices for Winter sports (Basketball, Swimming & Wrestling) begin Monday, November 16th. All clearance paperwork, physicals & fees need to be submitted to the Athletic Office by Tuesday, November 10th.

To be cleared for participation the following things must be turned in to the Athletic Office -

- SBHS Emergency Form
- GBSD Risk Warning & Travel Release Form
- Current Physical (on OSAA mandated form)
- Participation Fee (paid to bookkeeper & receipt of payment submitted with clearance paperwork)

All forms are available online at www.sbhs.gresham.k12.or.us under the tab for Athletics.

All fees must be paid to the bookkeeper (receipt of payment turned in with clearance paperwork).

If you have any questions, please contact Karyn Dougharity, Secretary for Athletics & Activities at 503-258-4895 or email at dougharity@gresham.k12.or.us.

Tryout/Practice times for Week of **November 16-20**

Girls Basketball (Grades 9-12) 2:45-5:15pm

Boys Basketball (Grades 10-12) 5:00-7:30pm

(Grade 9) 6:45-8:45pm

Equestrian Team Calendar

November 5th is the first Sam Barlow Equestrian Team practice. We will practice at the Clackamas County Event Center Starting at 6:30 PM. It is NOT TO LATE TO JOIN!

November 17th Fundraiser for the Equestrian Team at Nuts on Sports in Boring. Come support the team while having great food and drink and watching some Oregon State Football on the big screens. We will have our first District meet in February.

Annual Canned Food Drive set for November 9-23

Barlow's annual canned food drive will take place November 9-23. It will be a competition between classes. Our theme is Dr. Seuss' "One can, two cans, who can? You can!" Please support this rewarding event. Thank you.

The "Great Toy Toss!"

This year Barlow will join in with many other local schools and businesses and participate in KGW's "Great Toy Drive." Barlow students are being asked to bring toys – particularly stuffed animals – to toss into a ring during a school assembly on **Friday, November 20**. We are hoping to bring in a huge pile of stuffed animals and toys to be distributed to local families through KGW's Great Toy Drive program. We may even get our "Great Toy Toss" filmed and aired on TV, so everyone bring in lots of toys!

Bruin Spirit Store

Our store is up and running with many items available.

You can find pencils, pens, notebooks, graph paper, colored pencils, binders, calculators, assorted composition notebooks- you name it, it is probably for sale.

Barlow Spirit Gear is available as well. Show your SPIRIT!



The Thirst Project comes to Barlow!

The Thirst Project: Funding a well will change a whole village forever, giving women hope, children health, and the entire community a future.

Barlow is joining many other local high schools for the Thirst Project. A website has been set up: <http://my.thirstproject.org/mthood>, if people want to donate without paying cash.

Special Events for Thirst Project

Oct 20-Nov 13: Coin Drive – class competition

Nov 15: 5K Run/Walk starting at Barlow, race begins at 9am. Registrations available online at www.thirstproject5krunwalk.weebly.com. \$20 online, \$25 the day of the race. Includes free t-shirt.

TBA: He-Man Volleyball at Barlow's main gym

Get Involved! Make a Difference! Save Lives!

Give Money! Give Water! Give Life!

Sam Barlow High School needs YOU!

We are looking for people willing to help our students research and plan their futures. Whether that means a 4-year university, a 2-year community college, entering the workforce or more, students need mentors to understand their options.

The ASPIRE program has been at SBHS for 15 years and is hoping more people would like to get involved. No experience is necessary. We will train you!

If you are interested and to learn more, please visit the ASPIRE webpage at: <http://www.oregonstudentaid.gov/aspire-becoming-a-mentor.aspx> Contact: Patty Neuenschwander at 503-258-4890 or Neuenschwander@gresham.k12.or.us

Future Dates

November 1Daylight Savings Time Ends

November 5, 6Mock Interviews

November 5Financial Education Night, Media Center, 6:30pm

November 6, 7State Volleyball

November 7Dance Competition @ David Douglas HS

November 7Speech: Silverton HS

November 8,9OASC Fall Conference, Seaside, OR

November 9-13College Access Week

November 9-23FOOD DRIVE

November 11Veterans Day, NO SCHOOL

November 12, 13Toyama Nishi Visitors

November 13, 14State Waterpolo

November 14State Soccer

November 13,14“Joseph and the Amazing Coat” Fall Musical, 7:30pm

November 14Fall Musical, matinee, 2pm

November 16Winter sports practices/tryouts begin

November 19Speech: Beaverton Congress

November 19-21“Joseph and the Amazing Coat” 7:30pm

November 21Speech: Forest Grove HS

November 21Dance Competition @ Reynolds HS

November 23Josten's Final Grad Order

November 2412 Week Progress Reports, NO SCHOOL

November 24Parent Conferences, 4:30-6pm, 6:30-8:30pm

November 25Parent Conferences, 7:30-9am, 9:30-11:30am, NO SCHOOL

November 26-27Thanksgiving Holiday, NO SCHOOL

December 2MHC Dance Showcase Night, 6pm @ DD

December 3Thespan Winter Inductions, 7pm

December 5Dance Competition @ Rex Putnam

December 5Speech: Clackamas

December 5Snowball Dance, 8-11pm, SBHS